



MRBN Member Meeting

Restorative Practices Build Community Connection

Wednesday, April 29th at 9am

Join us for our virtual Member Meeting on Wednesday, April 29th from 9 - 11am via ZOOM.

Restorative practices intentionally build community connectedness, and restorative justice is a continuum of ways to respond to harm through consideration of the needs and obligations of those most affected. Both center on values of individual voice, choice and dignity - believing that human beings thrive in relationships and need known ways of caring for one another that are non-adversarial and non-punitive.

Join Ryun Anderson, Executive Director of the Restorative Justice Institute of Maine (RJIM) <https://www.rjimaine.org/> and Sarah Mattox from the Restorative Justice Project (RJP) <http://www.rjpmidcoast.org/> for a primer in restorative practice and restorative justice, as well as an overview of the exciting restorative work taking shape across the state of Maine. Participants will explore the ways in which restorative work builds individual and community resilience.

Nikki Busmanis, 211Maine Program Manager, <https://211maine.org/> will offer a program overview and updates on this statewide resource. For those living with opiate addictions, 211 Maine, in partnership with the Maine Department of Health and Human Services, provides a toll-free statewide information and referral Opiate Helpline where you can speak with a specialist to identify treatment options and other resources in your area. Join us for this meeting to learn more about this statewide resource.

[Register Now!](#)

MRBN Conversations: Strengthening Resilience and Connection Together

Due to the positive response we received from our first two sessions, we decided to hold a third session of this virtual community connection program on Tuesday, April 28th from 1:00 - 2:00pm. This event is being hosted by MRBN and is free to attend. A Zoom link will be electronically sent to all participants who register. The capacity of resilience is invaluable during uncertain times. The good news is that resilience can be supported and promoted--even in the midst of adversity. During this gathering, we'll prioritize connection as a vital ingredient for cultivating greater resilience and well-being. Our interactive conversation will begin with a short presentation and conclude with a stabilizing, stress-relieving practice.

The wisdom of our network will also be harnessed as we gather a treasure trove of ways to stay healthfully connected to ourselves, one another and the outdoor beauty of Maine. Please have paper and pen available.

[Register Now!](#)

Join MRBN

The Maine Resilience Building Network invites you to become a MRBN member. Together we are raising awareness of the ACEs science and resilience building in Maine and nationally. The MRBN Network is an integral part of the work that is happening across sectors to improve well-being and build systems that strengthen children, family and community connections so all people matter. MRBN is responsive to the network through statewide network meetings, professional development and consultation. MRBN provides contributions to state and local policy development on resilience-building strategies that impacts the well-being of our children, families, and communities. Join the Network today.

JOIN MRBN TODAY!

*The **Maine Resilience Building Network's** mission is to promote resilience in all people by increasing the understanding of the impacts of Adverse Childhood Experiences (ACEs) and the importance of building resilience through protective factors such as positive relationships.*