

# Maine Resilience Building Network

Professional Development, Events, Resources, and News

## Program Announcement



HEALTHY OUTCOMES  
FROM POSITIVE EXPERIENCES

### Building Resilience With HOPE: Healthy Outcomes of Positive Experience

**September 15, 2020, 9:00 AM - 3:00  
PM**

**Registration Fees:** \$75. member rate, \$100.  
non-member rate, \$30. full-time student rate.

[REGISTER NOW](#)



Dr. Robert Sege from Tufts University School of Medicine in Boston will present a one-day virtual conference

on HOPE (Healthy Outcomes of Positive Experiences). The keynote address will describe the science of HOPE, and lay out the four pillars of HOPE. Following the keynote, we will have a series of interactive sessions, designed to bring this new scientific understanding into practice. These sessions will explore four areas of implementation of HOPE: (1) HOPE-based intake and assessment, (2) How HOPE supports empathy with individuals who may have had childhood trauma, (3) Programming that creates Positive Childhood Experiences, and (4) Monitoring and improving HOPE-informed implementation.

## Join MRBN

The Maine Resilience Building Network invites you to become a MRBN member. Together we are raising awareness of the ACEs science and resilience building in Maine and nationally. The MRBN Network is an integral part of the work that is happening across sectors to improve well-being and build systems that strengthen children, family and community connections so all people matter. MRBN is responsive to the network through statewide network meetings, professional development and consultation. MRBN provides contributions to state and local policy development on resilience-building strategies that impacts the well-being of our children, families, and communities. Join the Network today.

[Join MRBN](#)

*The Maine Resilience Building Network's mission is to promote resilience in all people by increasing the understanding of the impacts of Adverse Childhood Experiences (ACEs) and the importance of building resilience through protective factors such as positive relationships.*

